



LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES																																																		
	<p><b>1</b></p> <p>Lentejas guisadas con verduras(1, 19) - Lentil stew</p> <p>Tortilla de jamón cocido(3, 6) - Ham omelette</p> <p>con lechuga y maíz - lettuce &amp; corn</p> <p>Pan(1) - Bread</p> <p>Fruta de temporada y leche(7) - Fruit</p>	<p><b>2</b></p> <p>Crema de zanahorias con picatostes(1) - Cream of carrot soup</p> <p>Guiso de pavo con verduras y cuscús(1, 10, 6) - Turkey stew with vegetables</p> <p>Pan(1) - Bread</p> <p>Fruta de temporada y leche(7) - Fruit</p>	<p><b>3</b></p> <p>Judías verdes rehogadas con jamón(19, 6) - Green beans with ham</p> <p>Pollo asado - Grilled chicken</p> <p>con lechuga y tomate(12) - Lettuce &amp; tomato</p> <p>Pan(1) - Bread</p> <p>Natillas con galleta(1, 7) - Vanila cream</p>	<p><b>4</b></p> <p>Patatas guisadas con verduras y calamares (14) - Potatoes with vegetables &amp; squid</p> <p>San Jacobo(1, 10, 11, 13, 14, 2, 3, 4, 5, 6, 7, 8, 9) - Breaded ham and cheese steak</p> <p>lechuga y zanahoria(12) - lettuce&amp;carrot</p> <p>Pan(1) - Bread</p> <p>Fruta de temporada y leche(7) - Fruit</p>																																																		
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<p><b>7</b></p> <p>Arroz al curry con verduras - Curry rice with vegetables</p> <p>Bacalao en tempura(1, 3, 4) - Breaded cod fish</p> <p>lechuga y zanahoria(12) - lettuce&amp;carrot</p> <p>Pan(1) - Bread</p> <p>Fruta de temporada y leche(7) - Fruit</p>	<p><b>8</b></p> <p>Macarrones con salsa de tomate y orégano (1, 3) - Pasta with tomato sauce</p> <p>Tortilla de atún(3, 4) - Tuna omelette</p> <p>con lechuga y maíz - lettuce &amp; corn</p> <p>Pan(1) - Bread</p> <p>Fruta de temporada y leche(7) - Fruit</p>	<p><b>9</b></p> <p>Sopa de cocido(1, 3) - Meat and pasta soup</p> <p>Cocido completo: garbanzos, morcillo, chorizo, pollo y panceta(19) - Chickpea, meat and vegetables</p> <p>Pan(1) - Bread</p> <p>Petit Suisse(7) -</p>	<p><b>10</b></p> <p>Verdura tricolor (j.verde, zanahoria y patata) con pavo(19, 6) - Vegetables with turkey &amp; garlic</p> <p>Cinta de lomo a la plancha - Grilled pork steak</p> <p>con patatas Rostie - with potatoes</p> <p>Pan(1) - Bread</p> <p>Fruta de temporada y leche(7) - Fruit</p>	<p><b>11</b></p> <p>Judías pintas con verduras(19) - Red bean stew with vegetables</p> <p>Merluza en salsa marinera(14, 2, 4) - Baked hake fish with seafood</p> <p>con arroz - with rice</p> <p>Pan(1) - Bread</p> <p>Helado(7) - Ice cream</p>																																																		
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<p><b>14</b></p> <p>Lentejas guisadas con verduras y chorizo(1, 19) - Lentils with vegetables &amp; sausage</p> <p>Tortilla de queso(3, 7) - Cheese omelette</p> <p>con ensalada(12) - with salad</p> <p>Pan(1) - Bread</p> <p>Fruta de temporada y leche(7) - Fruit</p>	<p><b>15</b></p> <p>Sopa de ave con estremitas(1, 3) - Chicken and pasta soup</p> <p>Albóndigas mixtas con verduras y patatas(1, 12, 19) - Meatballs with vegetables and potatoes</p> <p>Pan(1) - Bread</p> <p>Yogur de sabores(7) - Yoghurt</p>	<p><b>16</b></p> <p>Arroz caldoso con pollo y gambas(14, 2, 4) - Rice with chicken &amp; prawns</p> <p>Calamares a la andaluza(1, 14, 3) - Breaded squid</p> <p>lechuga y zanahoria(12) - lettuce&amp;carrot</p> <p>Pan(1) - Bread</p> <p>Fruta de temporada y leche(7) - Fruit</p>	<p><b>17</b></p> <p>Judías verdes rehogadas con jamón(19, 6) - Green beans with ham</p> <p>Pollo en pepitoria - Chicken in vegetable stew</p> <p>con patatas - With potatoes</p> <p>Pan(1) - Bread</p> <p>Natillas con galleta(1, 7) - Vanila cream</p>	<p><b>18</b></p> <p>Fideuá con verduras y magro(1, 19, 3) - Noodles with pork</p> <p>Abadejo al horno(4) - Baked fish</p> <p>con lechuga y maíz - lettuce &amp; corn</p> <p>Pan(1) - Bread</p> <p>Fruta de temporada y leche(7) - Fruit</p>																																																		
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<p><b>21</b></p> <p>Crema de calabaza y zanahoria - Cream of zucchini &amp; carrot soup</p> <p>Tortilla de pavo(3, 6) - Turkey omelette</p> <p>con patatas fritas - with potatoes</p> <p>Pan(1) - Bread</p> <p>Fruta de temporada y leche(7) - Fruit</p>	<p><b>22</b></p> <p>Alubias blancas estofadas con verduras(19) - White bean's stew</p> <p>Sajonía al horno - Grilled pork steak</p> <p>con patatas Rostie - with potatoes</p> <p>Pan(1) - Bread</p> <p>Yogur de sabores(7) - Yoghurt</p>	<p><b>23</b></p> <p>Arroz alicantina (j.verde, calamar y tomate) (14, 19) - Rice with squid</p> <p>Contramuslo de pollo al horno - Grilled chicken fillet</p> <p>lechuga y tomate(12) - Lettuce &amp; tomato</p> <p>Pan(1) - Bread</p> <p>Fruta de temporada y leche(7) - Fruit</p>	<p><b>24</b></p> <p>Sopa de cocido(1, 3) - Meat and pasta soup</p> <p>Cocido completo: garbanzos (eco), morcillo, chorizo, pollo y panceta(19) - Chickpea, meat and vegetables</p> <p>Pan(1) - Bread</p> <p>Petit Suisse(7) -</p>	<p><b>25</b></p> <p>Espirales a la boloñesa(1, 3) - Bolognese pasta</p> <p>Filete de merluza rebozado(1, 3, 4) - Breaded hake fish</p> <p>lechuga y zanahoria(12) - lettuce&amp;carrot</p> <p>Pan(1) - Bread</p> <p>Fruta de temporada y leche(7) - Fruit</p>																																																		
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<p><b>28</b></p> <p>Coditos con bechamel y bacon(1, 3, 6, 7) - Pasta with white sauce &amp; bacon</p> <p>Palometa al horno(4) - Baked fish</p> <p>con pisto - Vegetable stew</p> <p>Pan(1) - Bread</p> <p>Fruta de temporada y leche(7) - Fruit</p>	<p><b>29</b></p> <p>Arroz con tomate - Rice with tomato</p> <p>Tortilla de jamón cocido(3, 6) - Ham omelette</p> <p>con ensalada(12) - mixed salad</p> <p>Pan(1) - Bread</p> <p>Fruta de temporada y leche(7) - Fruit</p>	<p><b>30</b></p> <p>Judías pintas estofadas con verduras(19) - Red bean stew with vegetables</p> <p>Rabas de calamar(1, 12, 14, 2, 3, 4, 6, 7) - Breaded squid</p> <p>con lechuga y maíz - lettuce &amp; corn</p> <p>Pan(1) - Bread</p> <p>Fruta de temporada y leche(7) - Fruit</p>	<p><b>31</b></p> <p>Pócima de calabaza embrujada - Crema de calabaza, patata y cebolla</p> <p>Dedos de zombies con gajos del pantano(1, 3) - Tiras de pollo empanadas con patatas</p> <p>Sopa sangrienta - Gelatina de fresa</p> <p>- MENÚ ESPECIAL HALLOWEEN -</p>																																																			
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639,37	23,18	42,71	19,90	3,30																																																		

ALÉRGICOS

-  1. GLUTEN
-  2. CRUSTÁCEOS
-  3. HUEVOS
-  4. PESCADO
-  5. CACAHUETES
-  6. SOJA
-  7. LÁCTEOS
-  8. FRUTOS DE CÁSCARA
-  9. APIO
-  10. MOSTAZA
-  11. SÉSAMO
-  12. DIÓXIDO DE AZUFRE, SULFITOS
-  13. ALTRAMUCES
-  14. MOLUSCOS