



LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES																																																		
			1 Judías verdes rehogadas con jamón cocido (19, 6) - Green beans with ham Albóndigas mixtas con verduras y cus-cús (1, 12, 6) - Meatballs with vegetables & couscous Pan(1) - Bread Petit Suisse -	2 Espirales con salsa de tomate y orégano(1, 3) - Pasta with tomato sauce Jamoncitos de pollo asados - Grilled chicken fillet con lechuga y maíz - lettuce & corn Pan(1) - Bread Fruta de temporada y leche(7) - Fruit																																																		
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5 Crema de calabaza y zanahoria(7) - Cream of zucchini & carrot soup Strogonoff de magro con verduras y arroz (7) - Pork stew Pan(1) - Bread Fruta de temporada y leche(7) - Fruit	6 Sopa de cocido(1, 3) - Meat and pasta soup Cocido completo: garbanzos, morcillo, chorizo, pollo y panceta(19) - Chickpea, meat and vegetables Pan(1) - Bread Yogur de sabores(7) - Yoghurt	7 Coditos a la carbonara(1, 3, 6, 7) - Carbonara pasta Salmón al horno(4) - Baked salmon con lechuga y maíz - lettuce & corn Pan(1) - Bread Fruta de temporada y leche(7) - Fruit	8 Judías blancas con verduras y chorizo(19) - White bean stew with vegetables Tortilla de jamón y queso(3, 6, 7) - Ham & cheese omelette con pisto de verduras - Vegetable stew Pan(1) - Bread Yogur de sabores(7) - Yoghurt	9 Fideúa de pollo y verduras(1, 3) - Noodles with chicken & vegetables Rabas de calamar(1, 12, 14, 2, 3, 4, 6, 7) - Breaded squid lechuga y zanahoria(12) - lettuce & carrot Pan(1) - Bread Fruta de temporada y leche(7) - Fruit																																																		
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12 Patatas guisadas con verduras y calamares (14) - Potatoes with vegetables & squid Lomo a la plancha - Roasted pork fillet con lechuga y remolacha(12) - lettuce & beet Pan(1) - Bread Fruta de temporada y leche(7) - Fruit	13 Crema de espárragos blancos - Cream of asparagus soup Guiso de pavo con verduras y cuscús(1, 10, 6) - Turkey stew with vegetables Pan(1) - Bread Petit Suisse -	14 Arroz con tomate - Rice with tomato Tortilla de patata y calabacín(3) - Potato and zucchini omelette lechuga y zanahoria(12) - lettuce & carrot Pan(1) - Bread Fruta de temporada y leche(7) - Fruit	15 Garbanzos guisados con chorizo(19) - Chickpea stew with sausage Filete de pollo al horno - Grilled chicken fillet con patatas fritas - with potatoes Pan(1) - Bread Yogur de sabores(7) - Yoghurt	16 Macarrones gratinados con queso(1, 3, 7) - Pasta with tomato sauce & cheese Merluza en salsa verde(1, 19, 4) - Hake fish in parsley sauce con patatas cocidas - with potatoes Pan(1) - Bread Postre especial - Día de los cumpleaños																																																		
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ALÉRGENOS

1. GLUTEN
2. CRUSTÁCEOS
3. HUEVOS
4. PESCADO
5. CACAHUETES
6. SOJA
7. LÁCTEOS
8. FRUTOS DE CÁSCARA
9. APIO
10. MOSTAZA
11. SÉSAMO
12. DIÓXIDO DE AZUFRE, SULFITOS
13. ALTRAMUCES
14. MOLUSCOS

En cumplimiento del Reglamento (UE) 1169/2011 la información de alérgenos está disponible en la cocina del centro